

Adjustability Understood

We at healthHcentric want to ensure that the adjustment features of your chair are understood. We believe the proper use of these features is critical and will ensure you receive the full benefits of your ergonomic chair.

This booklet was designed to teach you the adjustment features of this chair. Please take a moment to review this booklet. Call us if you have any questions at 1.866.438.3746 and ask for a customer support representative.



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USER GUIDE

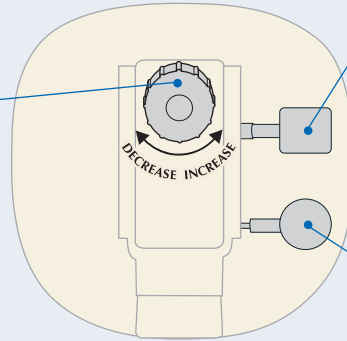


Upholstered Sit Stand



Top View

SPRING TENSION - To adjust the spring tension, turn the knob under the front of the seat as indicated in the diagram. The proper spring tension is important for comfort and safety.



SEAT HEIGHT - To raise the seat, pull up on the *SQUARE* paddle while raising your weight off the chair. To lower the seat, pull up on the paddle while sitting. Release the paddle to lock.



SEAT ANGLE - To adjust the seat angle, pull up on the *CIRCULAR* paddle and shift your weight forward or backward until the seat is at the desired angle. Push this paddle down to lock.